

Stamford Health 2020 – 2022 Community Health Implementation Plan

Stamford Health's 2019 Community Health Needs Assessment identified three top health needs:

- **Behavioral Health**
- **Access to Health and Social Services**
- **Nutrition**

Details about why these issues were selected can be found in the CHNA.

Initiatives to address Behavioral Health needs



Goal	Target Population: Darien/Stamford	Key Intervention / Resource	Metrics
Develop a comprehensive plan to address behavioral health	All	<ul style="list-style-type: none"> Identify opportunities to expand the community’s inpatient and outpatient behavioral health services. Identify specialized programs to address the needs of vulnerable sub-populations. 	TBD – based on plan developed
Develop an Integrated Primary Care & Behavioral Health Model in SHMG	All	<ul style="list-style-type: none"> Increase use of standardized behavioral health screening tools at primary care sites 	Percentage of MDs using tool
	All	<ul style="list-style-type: none"> Pilot a process to facilitate referrals from SHMG physicians to behavioral health resources; investigate co-location of primary care & behavioral health providers to allow for warm hand-offs 	Number of Referrals
Expand the use of Peer Support Specialists	All	<ul style="list-style-type: none"> Work with ED staff to increase the number of patients referred to CCAR’s Recovery Coach Program 	Number of Referrals
	All	<ul style="list-style-type: none"> Explore the expansion of the peer support model (recovery coaches, recovery support specialists, etc.) to serve Stamford Health patients and their families 	N/A
	Stamford	<ul style="list-style-type: none"> Consider the development of a Peer Support Center 	N/A
Support policy and advocacy efforts aimed at increasing the availability of and access to behavioral health services	All	<ul style="list-style-type: none"> Work with community partners and legislators to identify advocacy opportunities 	N/A
	All	<ul style="list-style-type: none"> Actively participate in and support existing behavioral health coalitions 	N/A

Initiatives to address Access to Health and Social Services and Nutrition needs



Goal	Target Population: Darien/Stamford	Key Intervention / Resource	Metrics
Collaborate with community providers on nutrition and access needs (including awareness, coordination, navigation)	All	<ul style="list-style-type: none"> Explore integration of SDOH screening at Stamford Health, and at key community partners 	Number of patients screened for SDOH factors
	All	<ul style="list-style-type: none"> Explore adoption of Unite Us platform at Stamford Health and with key community partners through the Connecticut Hospital Association's (CHA) Unite Connecticut initiative 	Number of community partners participating in platform; number of referrals for services
	All	<ul style="list-style-type: none"> More closely align Community Care Team (CCT) with Vita to improve capacity, evaluation, and data access to external resources; implement recommendations from HBS-CP and begin to track outcomes data 	TBD – based on feedback from clinical team
Focus on healthy nutrition and healthy eating to promote health	All	<ul style="list-style-type: none"> Implement an evidence-based medical weight loss program at Stamford Health 	Number of patients seen by Stamford Health medical weight loss program
	All	<ul style="list-style-type: none"> Explore developing a consumer-facing comprehensive weight loss program that includes surgical options as well 	TBD – based on plan developed
Increase access to health services	All	<ul style="list-style-type: none"> Complete 2019 Medical Staff Development Plan 	Completed report
	All	<ul style="list-style-type: none"> Address primary care and specialists gaps by implement Ambulatory Network Strategy with associated provider hiring plan 	Number of providers hired
	All	<ul style="list-style-type: none"> Make care more accessible by expanding hours in existing locations 	Number of SHMG practices with expanded hours; hours of operation per week for Pediatric ED
	All	<ul style="list-style-type: none"> Make care more accessible by offering direct-to-consumer virtual care options 	Number of virtual care visits
Advocate for funding, public policy and promising solutions	All	<ul style="list-style-type: none"> Work with community partners and legislators to identify advocacy opportunities 	N/A