

STAMFORD HEALTH COMMUNITY HEALTH IMPROVEMENT WORKPLAN

Statement of Purpose

Stamford Health, in partnership with its community partners, aims to build an improvement plan to address the health priorities identified through the 2016 Community Health Needs Assessment (CHNA). In doing so, the group will work to combine its collective resources to bolster existing initiatives and to develop new programs.

Timeline and Milestones

This plan is being developed in response to the 2016 Stamford Hospital CHNA, and will be presented to the Stamford Health Board of Directors in January for approval. The plan is intended to be a starting point, for ongoing development and community stakeholder engagement. Once the Plan is approved, the committee will meet on a regular basis to identify additional resources to commit to address each health need, to define additional detail on implementation milestones, to monitor progress on the plan, and to measure the impact of actions taken. Annual progress updates will be provided.

Priority: Access to Care					
Goal	Target Population: In Darien/Stamford	Key Intervention / Resource	Draft Measure	Partner Organizations	Status
1. Improve access and availability of primary care services	Stamford	a. Define a primary care physician referral process for unaffiliated and uninsured patients seen in the Stamford Hospital Emergency Department	Number of monthly referrals	AmeriCares, Community Health Center (CHC), Optimus, Stamford Health Medical Group (SHMG)	In progress
	Stamford	b. Increase immediate appointment capabilities	Time to first appointment	AmeriCares, CHC, Optimus, SHMG	In progress
	All	c. Promote extended and weekend hours at area primary care sites	Proportion of practice sites with evening / weekend hours	AmeriCares, CHC, Optimus, SHMG	In progress
2. Enhance care coordination capabilities and services	All	a. Increase Advanced Medical Homes (AMH) or Patient Centered Medical Homes (PCMH)	Number of PCMH or AMH designated practices	AmeriCares, CHC, Optimus, SHMG	In progress
	All	b. Define care coordination resources within AMHs and PCMHs	Number of “care coordination” personnel at primary care sites	AmeriCares, CHC, Optimus, SHMG	To be developed
	All	c. Enhance access to mid-level primary care providers	Number of mid-level primary care providers	AmeriCares, CHC, Optimus, SHMG	In progress
3. Improve access to specialty care	Resource-constrained individuals	a. Improve access to specific specialties	Time to next available appointment	AmeriCares, SHMG	In progress
	Individuals with limited transportation	b. Increase access to telehealth modalities	Number of specialty electronic / virtual health encounters	CHC, Optimus, SHMG	In progress

Priority: Mental Health and Substance Abuse					
Goal	Target Population: In Darien/Stamford	Key Intervention / Resource	Draft Measure	Partner Organizations	Status
1. Maximize the use of evidence-based opioid prescribing guidelines by providers	Stamford	a. Distribute Centers for Disease Control and Prevention (CDC) opioid prescribing resources to area medical staff	Number of physicians receiving CDC-related resources	Stamford Health	To be developed
2. Increase mental health and substance abuse screening	All	a. Increase use of standardized mental health screening tools at primary care sites	Proportion of patients at primary care sites using PHQ screens	AmeriCares, CHC, Optimus, SHMG	In progress
	All	b. Increase use of standardized alcohol use screening tools at primary care sites	Proportion of patients at primary care sites using CAGE and AUDIT-C screens	AmeriCares, CHC, Optimus, SHMG	In progress
3. Enhance awareness of providers, of resources providing mental health and substance abuse services	Stamford	a. Promote use of public and private resources for mental health and substance abuse services	Number of providers educated about 211 and the Community Care Team	Communities4Action, Health Departments (Darien & Stamford), SHMG, youth development organizations	To be developed
4. Increase and support community/provider awareness and efforts on mental health and substance abuse	All	a. Define community and medical education events by mental health and substance abuse content experts	Number of events provided in Darien and Stamford	Communities4Action, Health Departments (Darien & Stamford), Liberation Programs, Stamford Health, youth development organizations	In progress
	All	b. Support local organizations' related efforts	Number of events endorsed and / or participated in	Communities4Action	In progress

Priority: Chronic Disease Prevention and Management					
Goal	Target Population: In Darien/Stamford	Key Intervention / Resource	Draft Measure	Partner Organizations	Status
1. Promote healthy behaviors	All	a. Inventory community physical activity resources	(Completed inventory)	Vita Collaborative, City of Stamford, Stamford Health	In progress
	Stamford	b. Create a physical activity referral pad for physicians	(Completed referral pad)	Stamford Health	To be developed
	All	c. Promote and / or endorse events that emphasize healthy eating	Number of events promoted and / or endorsed	Vita Collaborative, Fairgate Farm, Stamford Museum and Nature Center	In progress
	All	d. Leverage partner organizations' expertise to define best practices	(Evidence based practice list)	Vita Collaborative, City of Stamford, Stamford Health	To be developed
2. Enhance family and childhood education regarding positive lifestyle choices	Stamford	a. Define best practice curriculum to help families adopt active lifestyles and healthy eating habits	(Final curriculum content)	Parents as Co-Educators, Cradle2Career, City of Stamford	To be developed
	Stamford	b. Promote children's fitness and nutrition programs in Stamford public schools and community centers	Number of children participating in fitness and nutrition classes	Parents as Co-Educators, Cradle2Career, City of Stamford	In progress
3. Enhance family and childhood education regarding career choices	Families and children	a. Promote education related to healthy living and career strategies	Number of caregivers / children provided education	Vita Collaborative, Cradle2Career	In progress
4. Enhance care coordination for high risk individuals and those with chronic diseases	Acute care high utilizers	a. Define and expand high risk cohort for intervention by an interdisciplinary care team	Reduction in acute care visits for high risk cohort	Community Care Team, SHMG care managers	In progress
	Resource-constrained individuals	b. Increase access to medications for low income and uninsured individuals with chronic disease	Number of individuals able to access medications via 340(b), and other programs	AmeriCares, Optimus, Stamford Health	In progress