

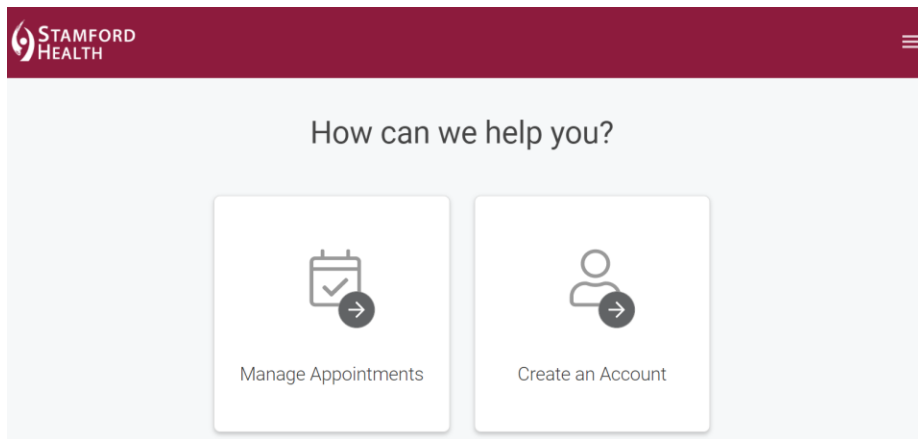


## Patient Self Scheduling – Appointment Scheduling

A service offered by Stamford Health Scheduling  
Supported through R1

## Logging In

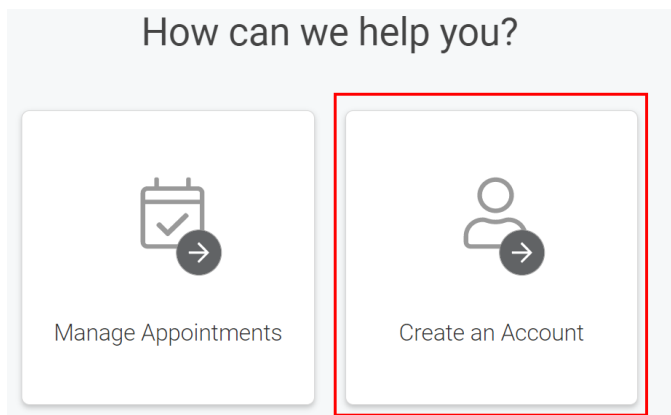
Once your provider has submitted an order, you will receive an invitation to schedule your own appointment via text and/or email. The portal can also be accessed through <https://Stamford.r1rcm.com/app>



## Creating an Account

Initially, an account must be created when accessing the site. Fill in the requested information. Click **Create** at the end to complete the account creation process.

\*All future visits will remember your account information and can be accessed by selecting **Manage Appointments**.



### Create Account

**Name**

First Name \*

Last Name \*

**Personal Information**

Date of Birth \*

Gender \*

Social Security Number

**Phone**

Type \* Number \* Ext

**Home Address**

Address 1: Street address or P.O. Box \*

Address 2: Suite, building floor, unit, etc.

City \*

State \*

Post/Zip Code \*

**Email**

Email \*

Confirm Email \*

**Password**

Password \*

Confirm Password \*

**Acknowledgements**

I agree to the [R1 Privacy Policy](#) \*

**Create** **Cancel**

## Booking an Appointment

1. Select **Book Appointment** to start scheduling your own appointment. Invitations to schedule your own appointment are found at the top right under **Pending Appointments**. The Appointments page also lists upcoming and past appointments.

The screenshot shows the Stamford Health Appointments interface. At the top left is the Stamford Health logo. At the top right, there is a calendar icon, the text "Appointments", and a hamburger menu icon. The main content is divided into three sections: "Upcoming Appointments", "Pending Appointments", and "Prior Appointments".

**Upcoming Appointments:** Shows "March 2022" and "Tuesday - 3/29". A single appointment is listed: "2:20 PM MRI Ankle Left Wo" at "Stamford Hospital, One Hospital Plaza, Stamford, CT 06902".

**Pending Appointments:** Shows "Appointment Invitation" with a "Book Appointment" button. The invitation text reads: "On March 28, 2022, Rodrigo Acosta from Stamford Health Medical Group - EMR requested that you schedule an appointment for: CT Chest W Iv Con." Below this is another "Appointment Invitation" with a "Book Appointment" button.

**Prior Appointments:** Shows "March 2022" and "Friday - 3/25". A single appointment is listed: "2:30 PM XR Wrist Complete Right" at "Tully Health Center, 32 Strawberry Hill Ct, Stamford, CT 06902".

2. Select your **insurance(s)**. Click **Next** to proceed.
  - a. Click **Add Insurance** if a new insurance needs to be added to your account.

The screenshot shows the "Insurance Information" screen. On the left is a sidebar titled "Appointment Details" with a vertical progress indicator. It lists: "FRANKLIN RICHARDS", "CT Chest W Iv Con", "Location to be determined", and "Date and time to be determined".

The main area is titled "Insurance Information" and contains the question "Insurance for this appointment? (required)". Below this is a list of insurance options:

- AARP HEALTHCARE OPTIONS - AARP (i) SUSAN STORM \*
- Aetna (i) Susan Storm
- SELF PAY - SP (i) FRANKLIN RICHARDS

Below the list is a link: "Add Insurance or Other". At the bottom of the screen are two buttons: "Cancel" and "Next".

3. Answer all questions associated to the procedure. These answers help appropriately schedule your appointment for the right time and location. Click **Next** to proceed.

### Appointment Details

FRANKLIN RICHARDS

CT Chest W Iv Con

- Location to be determined
- Date and time to be determined

### Provide Information

Do you have any of the following? (required) \*

- No Issues
- Diabetic
- Kidney Disease
- High Blood Pressure on meds
- Kidney Cancer
- Kidney Transplant
- Single Kidney

Additional Information

[Back](#) [Cancel](#) [Next](#)

4. Select the **location(s)** you would prefer to have your appointment. You may select more than one location. Click **Next** to proceed.

### Appointment Details

FRANKLIN RICHARDS

CT Chest W Iv Con

- Location to be determined
- Date and time to be determined

### Select Your Preferred Location(s)

Sort by availability

- Stamford Hospital**  
One Hospital Plaza  
Stamford, CT 06902  
1.8 mi | Appointments this week
- Tully Health Center**  
32 Strawberry Hill Ct  
Stamford, CT 06902  
2.2 mi | Appointments this week
- Darien Imaging Center**  
6 Thorndal Cir Suite 104  
Darien, CT 06820  
4.6 mi | Appointments this week

[Back](#) [Cancel](#) [Next](#)

5. Select the **date/time** that works best. Click **Next** to proceed.

### Appointment Details

**FRANKLIN RICHARDS**


**CT Chest W Iv Con**




Stamford Hospital  
One Hospital Plaza  
Stamford, CT 06902




Monday, April 4, 2022  
8:20 am

### Select Appointment Date and Time

**Stamford Hospital**  
One Hospital Plaza, Stamford, CT 06902

Use this to change location 

**Apr 03 - Apr 09**   

<b>SUN</b> <b>03</b>	<b>AM</b> Appointments available 
	<b>PM</b> No appointments available
<b>MON</b> <b>04</b>	<b>AM</b> 7:20 7:40 8:00 <b>8:20</b> 9:00 9:20 
	9:40 10:20 11:20
<b>PM</b>	1:00 1:20 1:40 2:00 2:20 2:40 
	3:00 3:20 3:40 4:20 4:40 5:00
	5:40 6:00

**Back** **Cancel** **Next**

6. After all fields have been completed, select **Schedule** to book the appointment. The **Patient Instruction** section will provide helpful information in preparation for your appointment.

### Appointment Details

**FRANKLIN RICHARDS**

**Patient Instruction**

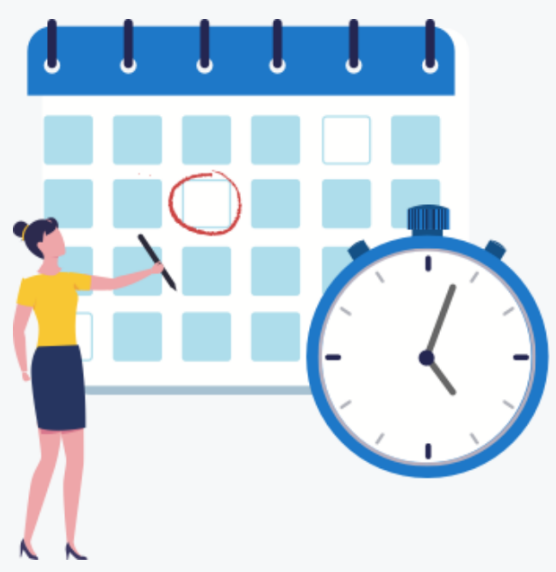
PT must be NPO (nothing to eat or drink) for 4 hours prior to...  
[More](#)

**CT Chest W Iv Con**

Stamford Hospital  
One Hospital Plaza  
Stamford, CT 06902

Monday, April 4, 2022  
8:20 am

### Schedule Appointment



Please check your appointment details, and click the 'Schedule' button.

**Back** **Cancel** **Schedule**

## Making Changes

The scheduled appointment can now be viewed under **Upcoming Appointments**. If necessary, you can reschedule your appointment from here. You can also add the appointment to your calendar or print it out as a reminder.



### Upcoming Appointments

March 2022

Tuesday - 3/29

**2:20** **MRI Ankle Left Wo**  
PM Stamford Hospital  
One Hospital Plaza  
Stamford, CT 06902

April 2022

Monday - 4/4

**8:20** **CT Chest W Iv Con**  
AM Stamford Hospital  
One Hospital Plaza  
Stamford, CT 06902

- Reschedule
- Cancel
- Add to Calendar
- Print